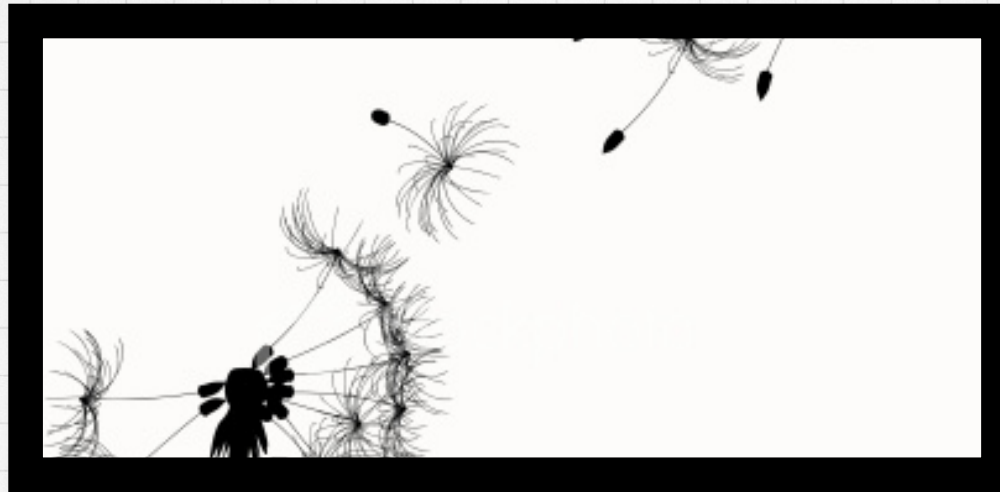


The Route to Self-Determination

Developed by: Diane White, Program Design, Inc., & Grace-Anne Alfiero, Arts In Action Consulting, LLC. gracealfiero@gmail.com copyright 2016.



The Story of TanPoPo No Ye

Grace-Anne Alfiero | The Route to Self-Determination| c. 2016

something
about me...

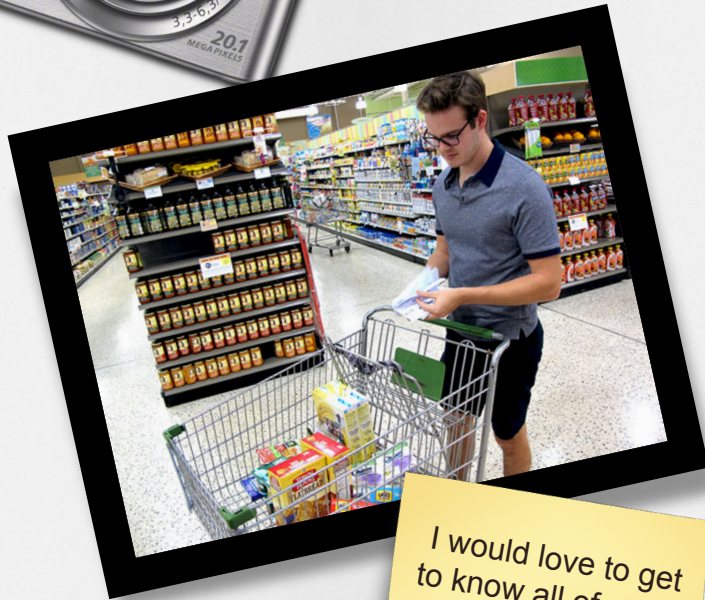
I have worked with
persons with
disabilities for over 25
years. My dream is to
keep assisting others
achieve their dreams...



Grace Alfiero, MFA

I love assisting students,
self-advocates,
agencies and like-
minded folks with
realizing their dreams.

I believe we are all
creative beings
and we all deserve
the right to work
toward achieving
self-determination.



I would love to get
to know all of you a
little better...



Please Introduce Yourself!

Let us know the following:

Your name:

How you spend your days:

Where you live:

What Self-Determination means to you:





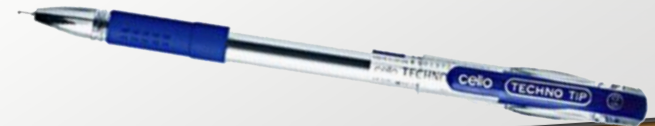
The definition of
Self-Determination



self-determination

noun

the power or ability to make
a decision for oneself
without influence from
outside



Are you really
living the life that
you want to live?

Self-Determination also means...

1.) You tell people what you want



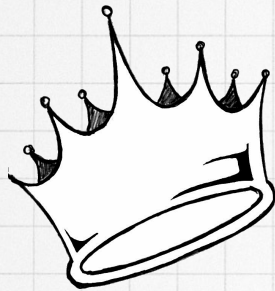
2.) They Listen, and...

3.) Someone is there to help you
make it happen.

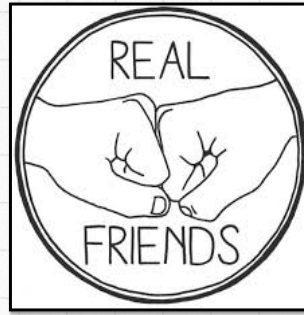




FREEDOM



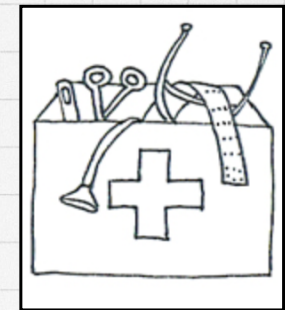
AUTHORITY



SUPPORT



RESPONSIBILITY



CONFIRMATION

Five Principles of Self-Determination

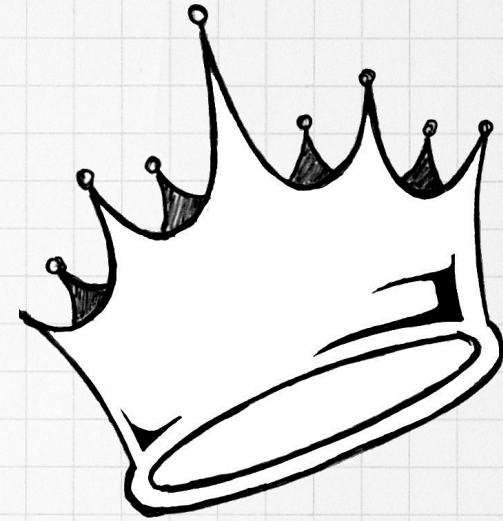


Freedom to plan a real life.

**Having the opportunity to choose
where and with whom one lives as
well as how one organizes all
important parts of one's life with freely
chosen assistance as needed.**

#1 Freedom

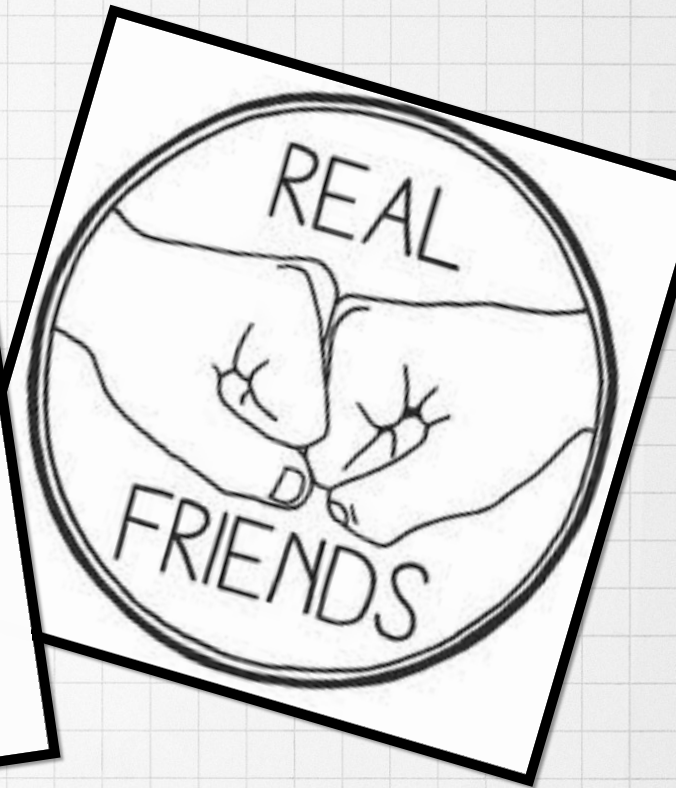
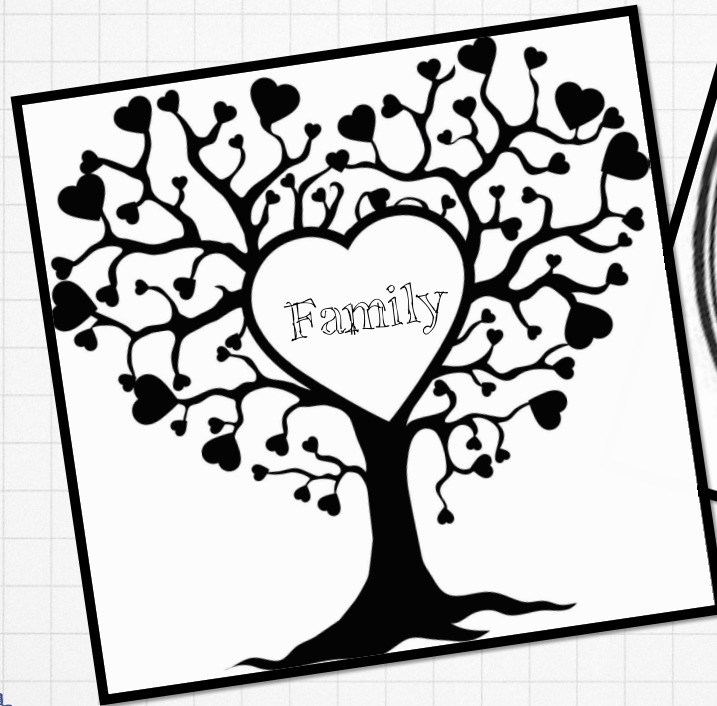
**The ability to control
some targeted amount
of public dollars; your
valuables, your money,
your belongings.**



#2 Authority

The ability to
organize
support in ways
that are unique
to each
individual and
to build a life in
your chosen
community

#3 Support



The obligation to use public dollars wisely and to contribute to one's community.

This might encompass volunteering, or getting involved in a Self-Advocacy Group to promote the rights of persons who can not advocate for themselves.



#4 Responsibility



The recognition that individuals with disabilities themselves must be a major part of the redesign of the human service system of long term care.

#5 Confirmation

Self-Determination Means Also:

1. Having a choice,
 2. Knowing more about ourselves,
 3. Having dreams and goals and going after them,
 4. Being in control,
 5. Making your own decisions,
 6. Spending money your way.
-



Not surprisingly, the three most important aspects of one's life that relate to self-determination were decided as

LIVE, WORK & PLAY

by a needs assessment conducted by @ 1,000 persons with developmental/intellectual disabilities ages 14-70.



**Nothing
About Me
Without Me!**

Anybody have a story
of decisions being
made about you
without your input?



Are you really
living the life that
you want to live?

Self-Determination Life Path Cards



What does the
card you picked
reveal about
you?





Self-Advocacy Groups in Pennsylvania:

Self Advocates United as 1
SAU1 8 Hutcheson Way
Greenville, PA 16125

Speaking For Ourselves
714 Market Street, Suite 326
Philadelphia, PA 19106